

## Breakfast



### Combos

*All combos come with juice, coffee or tea*

<b>Continental Breakfast</b> Toast or Fry jacks (six pieces)	\$5.75
<b>Susa's Favorite</b> French toast with a side of sausage or bacon	\$10.75
<b>Belizean Jump up</b> Fry Jacks, refried beans, scrambled eggs	\$9.50
<b>North American Traditional</b> 2 eggs cooked to order, toast and your choice of bacon or sausage	\$10.75
<b>Healthy Choice</b> Toast, local fruits, yogurt and granola	\$11.75
<u>A La Carte</u> 	
<b>Eggs, Toast, Tortillas</b> Toast, 2 eggs cooked to order and your choice of corn or flour tortillas	\$6.75
<b>Good Morning!</b> Regular Pancakes or French toast accompanied with Syrup	\$6.75
Banana Pancakes	\$8.00
<b>Fry Jacks</b>	\$4.00
<b>Breakfast Burrito</b> Eggs, refried beans, cheese, tomato and salsa in a wrap!	\$8.00
<b>Milk n' Cereal</b>	\$4.00
<b>A Little Piece of Home</b> 3 pieces of buttered toast and jam	\$3.75
<b>Meat Lover's Delight</b> 1 order of bacon or sausage	\$5.00

## Lunch & Dinner



<b>Stew Beef</b> (white rice, mash potatoes) green salad	\$9.50
<b>Belizean Favorite</b> Chicken, rice & beans, fried plantain and coleslaw, green salad, salsa	\$11.00
<b>Extra chicken</b>	\$ 12.00
<b>MickeyD's</b> Hamburger, French fries and coleslaw	\$11.75
<b>Bel-Mex</b> Burrito, rice & beans, potato salad	\$13.00
<b>Italian Delight</b> Spaghetti with tomato-based sauce, Italian Sausage, garlic toast and green salad	\$15.00
<b>Vegetarian Delight</b> Spaghetti with veggie-laden tomato-based sauce, garlic toast and green salad	\$14.00
<b>Spaghetti Alfredo</b> Pasta with Parmesan sauce, garlic toast and green salad	\$14.50
<b>Pork Lover's Special</b> 2 BBQ pork chops, cheesy potatoes, sweet corn and coleslaw and a flour tortilla	\$20.00
<b>Vegetarian Stir-fry</b> Stir-fried vegetables and white rice	\$13.50
<b>Chicken Stir-fry</b> Stir-fried vegetables, chicken and white rice	\$14.00
<b>Homemade Soup with Muffin</b> <i>Soup Choice:</i> Tuna and Corn chowder Chili or Vegetarian Chili	\$9.00
<i>Muffin choices:</i> Banana-Oatmeal or Cornmeal Muffin	

## Sandwiches



<b>Hamburger</b>	\$5.00
<b>Cheeseburger</b>	\$6.75
<b>Burrito</b> (beef, chicken or vegetarian)	\$7.50
<b>Egg salad sandwich</b>	\$4.75
<b>Grilled cheese sandwich</b>	\$5.75
<b>Tuna salad sandwich</b>	\$7.75
<b>BLT</b> Club sandwich with bacon and lettuce	\$8.50
<b>Ham and Cheese sandwich</b>	\$6.75

*Packed lunch for Day Trips – 15.00*  
*Club Sandwich, fruit, dessert, juice*

## Side Dishes



<b>Fried Plantain</b>	\$3.50
<b>BZ Potato</b> salad (egg, potato, celery & carrots)	\$5.00
<b>Rice &amp; Beans</b>	\$4.00
<b>Tossed green salad</b>	\$4.75
<b>Coleslaw</b>	\$3.75
<b>Fruit salad</b>	\$6.75
<b>French Fries</b>	\$5.25

### **Ask for the Special and Traditional**

Escabeche soup

OR

Chirmole Soup


\$15.00

It includes a side order of white rice



## Desserts

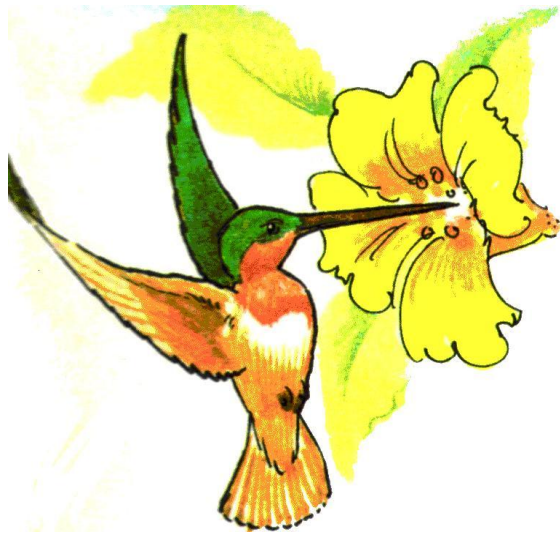

Bread pudding	\$4.50
Carrot cake	\$4.50
Banana Cake	\$4.50
Cheesecake	\$5.00
Frosted chocolate brownie	\$4.50
Brownie with ice-cream and fudge sauce	\$7.00
Peanut butter bar	\$3.50
Large Hot fudge ice-cream sundae	\$9.50
Min Hot fudge sundae	\$5.00
Dish of ice-cream	\$3.50
Hot banana in rum sauce	\$5.00



All Prices Denoted are in Belize Dollars.

We accept Cash, Checks and Cards  
. Visa or Master Card  
Wi-Fi service is provided to all our  
customers.

Thank You for choosing  
Tropical Wings Restaurant.



# Tropical Wings Restaurant

Operated by Penyaer Company Ltd  
San Jose Succotz, Cayo, Belize

Operated by Penyaer Company LTD  
San Jose Succotz, Cayo, Belize

Open Mon-Saturdays  
7:00 am-2:00 pm; 5:30-8:00  
Sunday  
9:00 am- 8:00 pm



## Beverages

Soft drinks – Coke, Fanta, Sprite	\$1.50
Diet Coke and Fresca	\$2.00
Beer	
Lighthouse \$3.50	Regular and Stout \$4.00
Premium	\$5.00
<b>Tropical Milk Shakes</b>	\$4.00
(Banana, cantaloupe, or pineapple)	
Chocolate Ice-cream Shake	\$7.00
<b>Tropical Fruit Smoothie</b>	
Banana/pineapple and orange juice	
Papaya/watermelon and orange juice	\$4.75
Cantaloupe /banana and orange juice	
Orange, watermelon, or lime Juice	\$2.75
Small	\$1.75
<b>Coffee or Tea</b>	\$2.00
(You're entitled to one free refill)	
Regular Iced Tea or Lemon Ice Tea	\$2.75
Cold Purified Bottled water (1 Liter)	\$2.00
Refill water (your container,) 1 Liter	\$1.00

## Appetizers/Snacks

Belizean Samplers: (each have 4 pieces)		
Garnaches, Salbutes, Tacos		
\$2.50	\$2.50	\$2.50
Tortilla chips and cheese dip	\$5.00	
Tortilla chips and salsa	\$4.50	
Meat Nachos (chicken or Beef)	\$7.50	
Tortilla chips, jalapenos, cheese and salsa		